



Review

Monkeypox: An Emerging Global Public Health Emergency

Madhan Jeyaraman ^{1,2,†}, Preethi Selvaraj ^{3,†}, Manjunatha Budihal Halesh ⁴, Naveen Jeyaraman ⁵, Arulkumar Nallakumarasamy ⁶, Manu Gupta ⁷, Nicola Maffulli ^{8,9,10,11,*} and Ashim Gupta ^{2,12,13,14,*}

- Department of Orthopaedics, Faculty of Medicine, Sri Lalithambigai Medical College and Hospital, Dr. MGR Educational and Research Institute, Chennai 600095, Tamil Nadu, India
- South Texas Orthopaedic Research Institute (STORI Inc.), Laredo, TX 78045, USA
- Department of Community Medicine, Faculty of Medicine, Sri Lalithambigai Medical College and Hospital, Dr. MGR Educational and Research Institute, Chennai 600095, Tamil Nadu, India
- ⁴ Department of Emergency Medicine, SDM Medical College, Dharwad 600095, Karnataka, India
- Department of Orthopaedics, Atlas Hospitals, Tiruchirappalli 620002, Tamil Nadu, India
- Department of Orthopaedics, All India Institute of Medical Sciences, Bhubaneswar 751019, Odisha, India
- Polar Aesthetics Dental & Cosmetic Center, Noida 201301, Uttar Pradesh, India
- Department of Musculoskeletal Disorders, School of Medicine and Surgery, University of Salerno, 84084 Fisciano, Italy
- San Giovanni di Dio e Ruggi D'Aragona Hospital "Clinica Ortopedica" Department, Hospital of Salerno, 84124 Salerno, Italy
- Centre for Sports and Exercise Medicine, Barts and the London School of Medicine and Dentistry, Queen Mary University of London, London E1 4DG, UK
- School of Pharmacy and Bioengineering, Keele University School of Medicine, Stoke on Trent ST5 5BG, UK
- ¹² BioIntegrate, Lawrenceville, GA 30043, USA
- ¹³ Future Biologics, Lawrenceville, GA 30043, USA
- ¹⁴ Regenerative Orthopaedics, Noida 201301, Uttar Pradesh, India
- * Correspondence: n.maffulli@qmul.ac.uk (N.M.); ashim6786@gmail.com (A.G.)
- † These authors contributed equally to this work.

Abstract: The virus causing monkeypox, a rare zoonotic viral disease, belongs to the Poxviridae family and the Orthopoxvirus genus. On 23 July 2022, the World Health Organization (WHO) declared the monkeypox outbreak as a Public Health Emergency of International Concern (PHEIC). From May to July 2022, a multi-country outbreak of monkeypox was reported in both endemic and non-endemic regions. Major goals of managing monkeypox are to identify the suspected cases, detect generic orthopoxvirus DNA at a state or commercial laboratory, and establish the Centers for Disease Control and Prevention real-time polymerase chain reaction testing. Currently, there are no approved treatments for monkeypox virus infection. However, a variety of antiviral medications originally designed for the treatment of smallpox and other viral infections could be considered. Pre-exposure prophylaxis for laboratory and health care employees and post-exposure prophylaxis for individuals with high-risk or intermediate-risk exposures are to be considered. The CDC Emergency Operations Center is available for advice on the appropriate use of medical countermeasures, and can help in obtaining antiviral drugs and vaccines from the National Strategic Stockpile. This review gives an overview of the global scenario, clinical presentation, and management of monkeypox in the light of a global public health emergency.

Keywords: monkeypox; orthopoxvirus; public health emergency; World Health Organization



Citation: Jeyaraman, M.; Selvaraj, P.; Halesh, M.B.; Jeyaraman, N.; Nallakumarasamy, A.; Gupta, M.; Maffulli, N.; Gupta, A. Monkeypox: An Emerging Global Public Health Emergency. *Life* **2022**, *12*, 1590. https://doi.org/10.3390/ life12101590

Academic Editor: Ying Chen

Received: 11 September 2022 Accepted: 11 October 2022 Published: 12 October 2022

Publisher's Note: MDPI stays neutral with regard to jurisdictional claims in published maps and institutional affiliations.



Copyright: © 2022 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https://creativecommons.org/licenses/by/4.0/).