



TRIMALLEOLAR FRACTURE DISLOCATION OF ANKLE – A CASE REPORT

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ARTICLE INFO

Article History:

Received 11th March, 2018

Received in revised form 27th

April, 2018 Accepted 5th May, 2018

Published online 28th June, 2018

Key words:

Trimalleolar Fracture, Open Fracture, Internal Fixation

ABSTRACT

Ankle fracture is a very common type of fracture frequently encountered in orthopaedic practice.¹ Most ankle fractures are isolated malleolar fracture, accounting for two-thirds of fracture, with bimalleolar fractures occurring in one fourth of patients and trimalleolar fracture occurring in remaining 5-10% cases.² Trimalleolar fracture involves fracture of medial malleolus, fibula and posterior lip of articular surface of tibia associated with subluxation or dislocation of tibiotalar joint.³ Main aim of treatment of ankle fractures is anatomical ankle joint restoration and in majority of the cases it is achieved by open reduction and internal fixation.³ Trimalleolar fracture require open reduction more often than any other type of ankle fracture.³ The result of treatment of trimalleolar ankle fracture-dislocation usually are not as good as the results obtained for bimalleolar fracture.³ We report a case of primary open reduction and internal fixation of type 3A open trimalleolar ankle fracture-dislocation in 42 year old patient with excellent outcome in terms of function and fracture union .

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